

Improvement Report
2023 BAAC Holiday Meet
Meet Date: 12/10/2023
Location: Amherst, NY
Report Date: 12/18/2023

Athlete Name	Age	Gen	Event	P/F/T	Place	Points	Time	Base Line	Improvement	New Best Cut	Time Standard
Atanassov, Victoria	11	F	12 & Under 50 Breast	F	5		51.14Y	55.04Y	-3.90		
Atanassov, Victoria			12 & Under 50 Fly	F	7		50.22Y	39.91Y	10.31		
Atanassov, Victoria			Open 100 Free	F	23		1:30.41Y	1:23.08Y	7.33		
Atanassov, Victoria			Open 100 IM	F	19		1:34.73Y	1:36.21Y	-1.48		
Bellamy, Madeline	16	F	Open 200 Back	F	2		2:28.58Y	2:21.90Y	6.68		
Bellamy, Madeline			Open 200 Free	F	3		2:11.27Y	2:05.04Y	6.23		
Bewlay, Juliet	15	F	Open 100 Free	F	3		58.22Y	56.61Y	1.61		
Bewlay, Juliet			Open 100 IM	F	4		1:07.31Y				
Bewlay, Juliet			Open 500 Free	F	2		5:58.55Y	5:34.96Y	23.59		
Bogunovic, Leonora	15	F	Open 100 Free	F	8		1:02.79Y	1:03.28Y	-0.49		
Bogunovic, Leonora			Open 200 Back	F	3		2:31.81Y	2:28.50Y	3.31		
Bogunovic, Leonora			Open 200 Free	F	6		2:16.82Y	2:20.15Y	-3.33		
Brown, Annelise	14	F	Open 100 Free	F	11		1:03.17Y	1:00.03Y	3.14		
Brown, Annelise			Open 200 Back	F	8		2:49.60Y	2:44.80Y	4.80		
Brown, Annelise			Open 200 Fly	F	4		2:57.81Y				
Brown, Annelise			Open 200 Free	F	9		2:20.67Y	2:15.57Y	5.10		
Brown, Micah	9	M	12 & Under 50 Breast	F	8		1:21.19Y				
Brown, Sheridan	12	F	12 & Under 50 Breast	F	2		48.47Y	49.50Y	-1.03		
Brown, Sheridan			Open 200 Back	F	9		3:10.59Y				
Brown, Sheridan			Open 200 Free	F	13		2:49.51Y	2:56.94Y	-7.43		
Brown, Sheridan			Open 500 Free	F	12		7:38.05Y	7:36.96Y	1.09		
Carroll, Aisling	8	F	12 & Under 50 Back	F	8		1:02.61Y	57.72Y	4.89		
Carroll, Aisling			12 & Under 50 Breast	F	11		57.68Y	56.38Y	1.30		
Carroll, Aisling			12 & Under 50 Fly	F	13		1:12.03Y	1:03.03Y	9.00		

Carroll, Aisling			Open 100 Free	F	29	2:00.36Y	2:08.07Y	-7.71	
Case, Bethany	14	F	Open 200 Back	F	6	2:42.94Y	2:45.07Y	-2.13	
Case, Bethany			Open 200 Breast	F	8	3:10.00Y	3:06.50Y	3.50	
Case, Bethany			Open 200 Free	F	12	2:28.54Y	2:35.66Y	-7.12 Times	2024 NI Silver Times
Chen, Chen	13	M	Open 100 Free	F	12	1:11.52Y			
Chen, Chen			Open 100 IM	F	10	1:25.88Y			
Chen, Chen			Open 200 Back	F	4	3:00.07Y			
Chen, Chen			Open 200 Breast	F	5	3:16.91Y			
Chen, Shuang	11	F	12 & Under 50 Back	F	1	42.52Y			
Chen, Shuang			12 & Under 50 Breast	F	3	49.10Y			
Chen, Shuang			12 & Under 50 Fly	F	8	50.71Y			
David, Lilianna	13	F	Open 100 Free	F	9	1:02.82Y	1:02.71Y	0.11	
David, Lilianna			Open 200 Free	F	7	2:17.43Y	2:13.16Y	4.27	
David, Lilianna			Open 500 Free	F	3	6:02.76Y	5:54.05Y	8.71	
Dokania, Devankk	10	M	12 & Under 50 Breast	F	4	56.06Y	52.36Y	3.70	
Dokania, Devankk			12 & Under 50 Fly	F	5	1:00.61Y	59.62Y	0.99	
Dokania, Devankk			Open 100 Free	F	18	1:41.82Y	2:18.61Y	-36.79	
Dokania, Devankk			Open 100 IM	F	14	1:55.28Y	1:51.64Y	3.64	
Fiegl, Lila	15	F	Open 100 Free	F	18	1:10.43Y			
Fiegl, Lila			Open 200 Free	F	10	2:25.91Y			
Fiegl, Lila			Open 500 Free	F	9	6:29.09Y	6:34.07Y	-4.98	
Fraas, Lydia	15	F	Open 100 Free	F	12	1:03.18Y	1:02.11Y	1.07	
Fraas, Lydia			Open 100 IM	F	12	1:13.92Y	1:10.04Y	3.88	
Fraas, Lydia			Open 200 Free	F	4	2:14.53Y	2:17.34Y	-2.81	
Fraas, Lydia			Open 500 Free	F	6	6:09.22Y	5:52.56Y	16.66	
Fraas, Owen	12	M	Open 100 Free	F	10	1:07.49Y	1:05.42Y	2.07	
Fraas, Owen			Open 200 Breast	F	4	3:11.49Y	3:16.43Y	-4.94	
Fraas, Owen			Open 200 Free	F	5	2:27.73Y	2:28.68Y	-0.95	
Fraas, Owen			Open 500 Free	F	3	6:27.01Y	6:12.59Y	14.42	
Friedmann, Brian	10	M	12 & Under 50 Back	F	2	45.41Y	45.41Y	0.00	
Friedmann, Brian			12 & Under 50 Fly	F	3	47.78Y	50.10Y	-2.32	
Friedmann, Brian			Open 100 Free	F	13	1:26.17Y			
Friedmann, Brian			Open 100 IM	F	11	1:38.35Y	1:43.89Y	-5.54 Times	NI Gold Champs
Fullagar, Sophie	14	F	Open 100 Free	F	19	1:22.48Y	1:19.29Y	3.19	

Fullagar, Sophie			Open 100 IM	F	18	1:31.71Y		
Gaskill, Ellie	13	F	12 & Under 50 Breast	F	1	39.23Y	36.86Y	2.37
Gaskill, Ellie			12 & Under 50 Fly	F	1	31.64Y	30.87Y	0.77
Gaskill, Ellie			Open 100 Free	F	5	1:02.09Y	56.73Y	5.36
Gaskill, Leah	14	F	Open 100 IM	F	5	1:08.49Y	1:00.72Y	7.77
Gaskill, Leah			Open 200 Breast	F	4	2:47.47Y	2:36.74Y	10.73
Gaskill, Leah			Open 200 Free	F	2	2:10.41Y	2:06.90Y	3.51
Goula, Kathryn	14	F	Open 100 Free	F	15	1:06.99Y	1:05.20Y	1.79
Goula, Kathryn			Open 100 IM	F	14	1:17.45Y	1:17.85Y	-0.40
Goula, Kathryn			Open 200 Free	F	11	2:28.11Y	2:21.90Y	6.21
Goula, Kathryn			Open 500 Free	F	10	6:44.11Y	6:20.08Y	24.03
Haley, Claire	13	F	Open 100 Free	F	17	1:10.23Y	1:24.81Y	-14.58
Haley, Claire			Open 100 IM	F	17	1:25.64Y		
Haynes, Rusheya	8	F	12 & Under 50 Breast	F	13	1:06.54Y		
Haynes, Rusheya			12 & Under 50 Fly	F	12	1:05.49Y		
Haynes, Rusheya			Open 100 Free	F	27	1:56.21Y		
Haynes, Rusheya			Open 100 IM	F	22	2:11.80Y	2:14.37Y	-2.57
Haynes, Swavin	11	M	12 & Under 50 Back	F	5	48.00Y	47.29Y	0.71
Haynes, Swavin			12 & Under 50 Breast	F	6	59.76Y		
Haynes, Swavin			Open 100 Free	F	17	1:35.79Y	1:29.84Y	5.95
Hayter, Thomas	13	M	12 & Under 50 Back	F	1	34.72Y	33.98Y	0.74
Hayter, Thomas			12 & Under 50 Fly	F	2	35.51Y	35.23Y	0.28
Hayter, Thomas			Open 100 Free	F	9	1:05.72Y	1:04.96Y	0.76
Hayter, Thomas			Open 100 IM	F	8	1:21.42Y	1:19.76Y	1.66
Idzik, Dylan	13	M	Open 100 Free	F	5	59.89Y	59.22Y	0.67
Idzik, Dylan			Open 100 IM	F	5	1:10.06Y	1:07.92Y	2.14
Idzik, Dylan			Open 200 Back	F	2	2:20.98Y	2:18.98Y	2.00
Idzik, Dylan			Open 200 Free	F	2	2:10.97Y	2:10.06Y	0.91
Jacobs, Tristan	10	M	12 & Under 50 Back	F	3	47.55Y	44.99Y	2.56
Jacobs, Tristan			Open 100 Free	F	15	1:33.67Y	1:20.88Y	12.79
Jacobs, Tristan			Open 200 Free	F	6	3:11.90Y	3:19.92Y	-8.02
Jacobs, Tristan			Open 500 Free	F	6	8:43.26Y		
Jagow, Cooper	15	M	Open 100 Free	F	3	55.92Y	56.74Y	-0.82
Jagow, Cooper			Open 100 IM	F	3	1:07.52Y		

Jank, Caitlyn	11	F	12 & Under 50 Back	F	5	46.58Y	45.64Y	0.94		
Jank, Caitlyn			12 & Under 50 Breast	F	6	52.57Y	56.73Y	-4.16		
Jank, Caitlyn			12 & Under 50 Fly	F	3	47.24Y	52.76Y	-5.52		
Jank, Caitlyn			Open 100 Free	F	20	1:26.34Y	1:31.18Y	-4.84		
Jank, Nathan	14	M	Open 100 Free	F	8	1:03.65Y	59.42Y	4.23		
Jank, Nathan			Open 100 IM	F	6	1:12.35Y	1:06.59Y	5.76		
Jank, Nathan			Open 200 Free	F	4	2:19.06Y	2:12.09Y	6.97		
Jones, Emma	18	F	Open 100 IM	F	6	1:11.52Y	1:04.10Y	7.42		
Jones, Emma			Open 200 Free	F	1	2:07.74Y	1:58.46Y	9.28		
Kapperman, Mackenzie	10	F	12 & Under 50 Breast	F	8	55.25Y	1:02.06Y	-6.81		
Kapperman, Mackenzie			12 & Under 50 Fly	F	5	49.09Y	55.11Y	-6.02		
Kapperman, Mackenzie			Open 100 Free	F	26	1:42.85Y	1:49.75Y	-6.90		
Krishna, Mili	12	F	12 & Under 50 Fly	F	2	33.01Y	32.74Y	0.27		
Krishna, Mili			Open 100 Free	F	14	1:03.63Y	1:05.27Y	-1.64		
Krishna, Mili			Open 100 IM	F	11	1:13.05Y	1:13.23Y	-0.18		
Krishna, Mili			Open 200 Fly	F	5	2:58.71Y				
Kwoka, Kylie	15	F	Open 100 Free	F	1	56.45Y	54.56Y	1.89		
Kwoka, Kylie			Open 100 IM	F	2	1:05.06Y	1:06.43Y	-1.37		
Kwoka, Kylie			Open 200 Breast	F	1	2:43.60Y	2:54.96Y	-11.36		
Kwoka, Ryan	10	M	Open 100 Free	F	11	1:11.02Y	1:32.49Y	-21.47 Times Times	NI Gold Champs PEAQ Christmas Meet	
Kwoka, Ryan			Open 500 Free	F	5	6:37.79Y				
Mackinnon, Amelia	15	F	Open 100 IM	F	1	1:04.64Y	1:01.41Y	3.23		
Mackinnon, Amelia			Open 200 Breast	F	3	2:44.92Y	2:49.02Y	-4.10		
Manzella, Reese	8	F	12 & Under 50 Breast	F	12	58.83Y	58.76Y	0.07		
Manzella, Reese			12 & Under 50 Fly	F	4	48.24Y	51.53Y	-3.29 Times	2024 NI Silver Times	
Manzella, Reese			Open 100 Free	F	21	1:27.87Y				
Martineck, Chase	15	F	Open 200 Fly	F	2	2:46.97Y	2:49.06Y	-2.09		
Martineck, Nicholas	12	M	12 & Under 50 Breast	F	2	44.40Y	44.19Y	0.21		
Martineck, Nicholas			Open 100 IM	F	9	1:22.41Y	1:20.53Y	1.88		
Martineck, Nicholas			Open 500 Free	F	4	6:34.92Y	6:33.59Y	1.33		
Megan, Hannah	17	F	Open 100 Free	F	4	1:01.26Y	56.79Y	4.47		

Megan, Hannah			Open 200 Free	F	5	2:14.96Y	2:08.46Y	6.50		
Megan, Hannah			Open 500 Free	F	5	6:03.57Y	5:52.22Y	11.35		
Mendel, Giada	15	F	Open 100 Free	F	6	1:02.47Y	57.95Y	4.52		
Mendel, Giada			Open 100 IM	F	7	1:12.18Y	1:07.81Y	4.37		
Moceri, Jacob	13	M	12 & Under 50 Breast	F	1	32.57Y	32.19Y	0.38		
Moceri, Jacob			12 & Under 50 Fly	F	1	29.14Y	28.59Y	0.55		
Moceri, Jacob			Open 100 Free	F	4	55.98Y	55.64Y	0.34		
Moceri, Jacob			Open 200 Back	F	1	2:17.89Y	2:21.89Y	-4.00		
Moceri, Michael	14	M	Open 200 Breast	F	1	2:31.64Y	2:32.60Y	-0.96		
Moceri, Michael			Open 200 Fly	F	3	2:40.57Y	3:00.39Y	-19.82 Times	NI Gold Champs	
Moran, Aiden	15	M	Open 100 Free	F	1	52.32Y	51.31Y	1.01		
Moran, Aiden			Open 100 IM	F	2	1:00.14Y	1:02.13Y	-1.99		
Moran, Aiden			Open 200 Breast	F	2	2:34.14Y	2:39.17Y	-5.03		
Moran, Aiden			Open 200 Fly	F	1	2:09.87Y	2:06.02Y	3.85		
Naffky, Mia	13	F	Open 100 IM	F	15	1:22.32Y	1:20.28Y	2.04		
Naffky, Mia			Open 200 Back	F	7	2:44.62Y	2:45.77Y	-1.15		
Naffky, Mia			Open 200 Breast	F	9	3:29.77Y				
O'Donnell, Aiden	13	M	Open 100 Free	F	7	1:03.19Y	1:03.51Y	-0.32		
O'Donnell, Aiden			Open 100 IM	F	7	1:14.20Y	1:46.87Y	-32.67 Times	2024 NI Silver Times	
O'Donnell, Aiden			Open 200 Back	F	3	2:37.67Y	2:29.30Y	8.37		
O'Donnell, Aiden			Open 200 Free	F	3	2:15.47Y	2:16.50Y	-1.03		
Ocque, Evelyn	9	F	12 & Under 50 Back	F	3	45.12Y	43.91Y	1.21		
Ocque, Evelyn			12 & Under 50 Fly	F	6	49.46Y	47.42Y	2.04		
Ocque, Isabelle	13	F	Open 100 Free	F	7	1:02.68Y	1:01.35Y	1.33		
Ocque, Isabelle			Open 100 IM	F	8	1:12.68Y	1:11.44Y	1.24		
Ocque, Isabelle			Open 200 Back	F	4	2:36.66Y	2:33.37Y	3.29		
Ocque, Isabelle			Open 200 Breast	F	6	3:02.94Y	3:10.78Y	-7.84		
Paragh, Andrew	8	M	12 & Under 50 Back	F	6	48.47Y	49.60Y	-1.13 Times	2024 NI Silver Times	
Paragh, Andrew			12 & Under 50 Breast	F	3	52.93Y	52.02Y	0.91		
Paragh, Andrew			Open 100 Free	F	16	1:35.44Y	1:37.37Y	-1.93 Times Times	2024 NI Silver Times PEAQ Christmas Meet	
Paragh, Andrew			Open 100 IM	F	12	1:50.01Y	1:49.09Y	0.92		
Paragh, Anna	12	F	Open 200 Back	F	5	2:41.34Y	3:08.61Y	-27.27 Times Times	2024 NI Silver Times PEAQ Christmas Meet	

Paragh, Anna			Open 200 Breast	F	2	2:44.07Y	2:46.84Y	-2.77		
Paragh, Anna			Open 200 Fly	F	3	2:55.38Y				
Paragh, Daniel	8	M	12 & Under 50 Back	F	7	50.74Y	51.66Y	-0.92		
Paragh, Daniel			12 & Under 50 Breast	F	7	1:03.82Y	1:04.45Y	-0.63		
Paragh, Daniel			Open 100 Free	F	14	1:29.52Y	1:36.21Y	-6.69	Times Times	2024 NI Silver Times PEAQ Christmas Meet
Paragh, Daniel			Open 100 IM	F	13	1:50.29Y	1:54.63Y	-4.34		
Paragh, Elizabeth	6	F	12 & Under 50 Back	F	9	1:09.08Y	1:03.83Y	5.25		
Paragh, Elizabeth			12 & Under 50 Breast	F	14	1:06.96Y				
Pickard, Aiden	14	M	Open 100 IM	F	1	1:00.08Y	1:01.23Y	-1.15		
Pickard, Aiden			Open 500 Free	F	2	5:22.19Y	5:40.88Y	-18.69	Times	NI Gold Champs
Pickard, Sierra	11	F	12 & Under 50 Back	F	2	44.03Y	44.67Y	-0.64		
Pickard, Sierra			12 & Under 50 Breast	F	9	56.11Y	57.35Y	-1.24		
Pickard, Sierra			12 & Under 50 Fly	F	11	1:00.12Y	51.52Y	8.60		
Pickard, Sierra			Open 200 Breast	F	10	4:39.46Y				
Pitt, Ernest	9	M	12 & Under 50 Back	F	8	1:05.88Y	1:04.16Y	1.72		
Rouch, Mackenzie	8	F	12 & Under 50 Back	F	4	45.26Y	44.65Y	0.61		
Rouch, Mackenzie			12 & Under 50 Breast	F	4	50.31Y	48.23Y	2.08		
Rouch, Mackenzie			Open 100 IM	F	20	1:40.43Y	1:36.30Y	4.13		
Rouch, Mackenzie			Open 500 Free	F	13	7:59.11Y	7:56.62Y	2.49		
Ryan, Isabella	15	F	Open 100 Free	F	2	57.01Y	55.61Y	1.40		
Ryan, Isabella			Open 100 IM	F	3	1:06.84Y	1:06.24Y	0.60		
Ryan, Isabella			Open 200 Back	F	1	2:25.33Y	2:20.27Y	5.06		
Ryan, Isabella			Open 500 Free	F	1	5:35.32Y	5:20.53Y	14.79		
Ryan, Natalie	13	F	Open 100 Free	F	10	1:03.16Y	1:02.72Y	0.44		
Ryan, Natalie			Open 100 IM	F	10	1:12.86Y	1:15.21Y	-2.35		
Ryan, Natalie			Open 200 Breast	F	5	2:55.19Y	3:01.07Y	-5.88		
Ryan, Natalie			Open 500 Free	F	7	6:12.43Y	6:11.09Y	1.34		
Ryan, Sammy	7	M	12 & Under 50 Back	F	4	47.57Y	48.99Y	-1.42	Times	2024 NI Silver Times
Ryan, Sammy			12 & Under 50 Breast	F	5	58.91Y	1:01.41Y	-2.50		
Ryan, Sammy			12 & Under 50 Fly	F	4	51.70Y	1:00.46Y	-8.76	Times	PEAQ Christmas Meet
Ryan, Sammy			Open 500 Free	F	7	8:54.25Y	9:13.69Y	-19.44		
Sabol, David	14	M	Open 100 Free	F	6	1:00.00Y	58.92Y	1.08		

Sabol, David			Open 100 IM	F	4	1:09.39Y	1:14.67Y	-5.28 Times	2024 NI Silver Times
Sabol, David			Open 200 Breast	F	3	2:47.84Y	2:40.01Y	7.83	
Schottman, Mara	10	F	12 & Under 50 Back	F	6	47.80Y			
Schottman, Mara			12 & Under 50 Breast	F	7	54.88Y			
Schottman, Mara			12 & Under 50 Fly	F	10	59.39Y	51.12Y	8.27	
Schottman, Mara			Open 100 Free	F	25	1:36.20Y	1:30.88Y	5.32	
Simakov, Alexey	14	M	Open 100 Free	F	2	54.69Y	53.56Y	1.13	
Simakov, Alexey			Open 200 Fly	F	2	2:14.45Y	2:07.93Y	6.52	
Simakov, Alexey			Open 200 Free	F	1	1:56.44Y	1:54.23Y	2.21	
Simakov, Alexey			Open 500 Free	F	1	5:22.15Y	5:11.06Y	11.09	
Stair, Hailey	13	F	Open 100 IM	F	13	1:14.25Y	1:11.53Y	2.72	2024 NI Silver Times
Stair, Hailey			Open 200 Breast	F	7	3:03.57Y	3:26.44Y	-22.87 Times	
Stair, Hailey			Open 500 Free	F	3	6:02.76Y	6:03.29Y	-0.53	
Stancliff, Katherine	13	F	Open 200 Fly	F	1	2:39.88Y			
White, Evelyn	13	F	Open 100 Free	F	22	1:28.52Y			
White, Evelyn			Open 100 IM	F	21	1:50.54Y			
White, Evelyn			Open 200 Free	F	14	3:21.87Y			
Willis, Adelaide	13	F	Open 100 Free	F	16	1:09.06Y	1:09.23Y	-0.17	
Willis, Adelaide			Open 100 IM	F	16	1:22.94Y	1:24.00Y	-1.06	
Willis, Adelaide			Open 500 Free	F	11	6:51.53Y	7:39.57Y	-48.04	
Zhou, Emma	10	F	12 & Under 50 Back	F	7	51.10Y			
Zhou, Emma			12 & Under 50 Breast	F	10	56.99Y			
Zhou, Emma			12 & Under 50 Fly	F	9	51.59Y			
Zhou, Emma			Open 100 Free	F	24	1:34.49Y			
Zhou, Ning	11	F	12 & Under 50 Back	F	10	1:09.18Y			
Zhou, Ning			Open 100 Free	F	28	1:58.44Y			